



Midsomer Norton Primary School

High Street
Midsomer Norton
Radstock BA3 2DR
Tel: 01761 412289
Fax 01761 415896

Head Teacher:
Mr Alun Randell

midsomernorton_pri@bathnes.gov.uk
www.midsomernortonprimaryschool.com

Monday 30th October 2017

'All Different; All Equal'

Dear Parents and Carers,

As part of our whole school focus on our mental health and wellbeing, we continue to include this in our daily dialogue with the children and we would like to encourage you to do the same.

National Anti-bullying week takes place on **13th – 17th November 2017**. Although bullying is not a major issue for our school, we recognise that every school has bullying and we need to address this. It is essential to use this week as an opportunity to discuss bullying and the many issues that surround it.

The National slogan '**All Different; All Equal**' will be a key focus of our week where we will continue to celebrate our differences and encourage each other to be ourselves. During this week we will be taking part in a range of activities including:

- Giving and receiving anonymous kindness cards;
- Wearing odd socks to school (**Tuesday 14th November 2017**);
- A whole school, cross phase Blue to Beat Bullying art project;
- Circle time activities related to 'All Different; all Equal';
- Writing, sharing and signing our whole school Anti-bullying charter (this will then be shared on our website);
- Cyber bullying and E-safety lessons.

It is important also that we recognise what bullying **is** and what bullying **is not** and discuss it with our children.

- **Bullying is** 'The repetitive, intentional hurting of one person by another or by a group. Bullying can be carried out physically, verbally, emotionally or on-line.' (Anti-Bullying Alliance)
- **Bullying is not:**
 - Falling out with / arguing with friends
 - Sometimes wanting to play on your own / with different friends
 - Disagreeing with someone
 - Other friendship / relationship issues (as long as they are not targeted to hurt a person or a group)

Please talk about the meaning of this week with your child if you can. Also, if you would like to discuss this event or need support with any issues related to mental health and wellbeing please do not hesitate to contact us.

Yours sincerely,

Sarah Biss and Katie Dodington

