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Your Ref:
Our Ref: KM
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Dear Parents and Carers

HEALTH and WELL-BEING SURVEY (School Health Education Unit) 2017

Children and young people in primary and secondary schools in Bath & North East Somerset, as in many other Local Authorities, are participating once again in a very important health and well-being survey. This is supported by the Local Authority and schools stand to benefit substantially through participation in the survey. 75% of KS2 settings are taking part this year.

The survey data may prompt review of the curriculum and has also been used in a variety of ways including:-

- To celebrate health and well-being outcomes for children and young people
- as a starting point for discussion in classroom activities
- as a guide in the choice of resources
- as a prompt for appropriate timing of courses
- as a beginning for further enquiry to strengthen existing programmes, e.g. in PE & PSHE
- as a starting point for discussions between parents/ carers and schools

The survey method has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 40 years. Over 3000 schools have used the survey, many of them regularly repeating it.

The questions concern a wide range of health behaviours, for example:

Home and family

Leisure and money

Healthy Eating

Relationships, Emotional Health and Well-being,

Tobacco & Alcohol (Year 6 only)

Exercise

The survey findings give the Local Authority a reliable database upon which they can objectively plan health care provision for children and young people. Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to the school.

We will assume you give your approval unless we hear otherwise. A copy of the questionnaire is held in the school office, and if you would like to examine it you are welcome to do so by appointment.

The survey will be carried out between June 13th and July 14th 2017.

Yours sincerely

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Claire Davies, Health Improvement Officer, B&NES Public Health

Jo Lewit, B&NES Public Health

Sue Anderson, School Nurse Team Lead, Sirona